

## Precision spectroscopy of transitions from the metastable $2\ ^3S_1$ state of $^4\text{He}$ to high $np$ Rydberg states

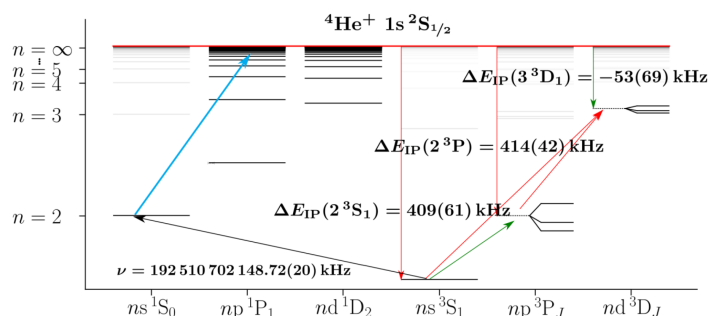
G. Clausen<sup>1</sup>, J. Agner<sup>1</sup>, H. Schmutz<sup>1</sup>, S. Scheidegger<sup>1</sup>, F. Merkt<sup>1\*</sup>

<sup>1</sup>Laboratory of Physical Chemistry, ETH Zurich

The metastable He ( $(1s)^1(2s)^1$ ) atom in its singlet ( $^1S_0$ ) or triplet ( $^3S_1$ ) states is an ideal system to perform tests of *ab-initio* calculations of two-electron systems that include quantum-electrodynamics and nuclear finite-size effects. The recent determination of the ionization energy of the metastable  $2\ ^1S_0$  state of  $^4\text{He}$  [1] confirmed a discrepancy between the latest theoretical values of the Lamb shifts in low-lying electronic states of triplet helium [2] and the measured  $3\ ^3D \leftarrow 2\ ^3S_1$  [3] and  $3\ ^3D \leftarrow 2\ ^3P$  [4] transition frequencies. This discrepancy could not be resolved in the latest calculations [5,6].

Currently, we focus on the development of a new experimental method for the determination of the ionization energy of the  $2\ ^3S_1$  state of  $^4\text{He}$  via the measurement of transitions from the  $2\ ^3S_1$  state to  $np$  Rydberg states. Extrapolation of the  $np$  series yields the ionization energy with sub-MHz accuracy.

In this poster, we present the progress in the development of our experimental setup, which involves (i) the preparation of a cold, supersonic expansion of helium atoms in the  $2\ ^3S$  state, (ii) the development and characterization of a laser system for driving the transitions to the  $np$  Rydberg states and (iii) the implementation of a new sub-Doppler, background-free detection method. We present this new spectroscopic method, with which we cancel the 1<sup>st</sup>-order Doppler shift and illustrate its power with a new determination of the ionization energy of  $2\ ^3S_1$  metastable He.



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